

BALLET ARTS

Summer Focus Programs

During the normal Fall to Summer season Ballet Arts students in core ballet programs complete many hours of dance training targeted at their level. In the summer of 2010, Ballet Arts offered our first Summer Focus Programs. These Summer Focus Programs featured traditional ballet technique classes along with special Focus Classes that gave students the opportunity to concentrate on one or two techniques to develop their skills. In the 2011 Summer Focus Programs we are adding a Variation class at both the Advanced and Intermediate levels.

In all classical ballets there are solo opportunities for dancers other than the lead dancers. In *Sleeping Beauty* the lead roles are Princess Aurora and Prince Florimund. However, *Sleeping Beauty* has many other solo variations for talented dancers to display their artistry. There are solos for the Lilac Fairy, the Gem Fairies and the Virtue Fairies as well as expressive roles for the fairytale characters. In addition to excellent technique each of these variations require a theme or emotion that the dancer must portray to the audience. During the Variations class in the Focus Programs the students will not only learn the steps that comprise the dance but also focus on the expression necessary to make the character come alive for the audience. The Variation classes will challenge the dancers to develop style and technique that comes from dancing not only with the body but with the mind and heart as well.

In the Focus Programs for this summer, the Variations classes will be accompanied with technique classes that support the Variations classes. These classes are offered as a 9 week package shown below.

The Summer Focus-Programs will start June 13th and go through Aug. 13th. The Advanced Focus-Program is value priced at \$420, and the Intermediate Focus-Programs are \$400 with beginning pointe class and \$340 without pointe class. All classes are 1½ hour long except for the stretch class which is 1 hour in length.

Advanced Focus-Program

Approximate Level – Ages 11 and up

- 2 – traditional ballet classes (including one pointe class)
- 1 – focus class in jumps and turns
- 1 – focus class in Variations
- Cost: \$420

Intermediate Focus-Program

Approximate Level – Ages 8 to 10

- 1 – traditional ballet classes
- 1 – stretch class
- 1 – focus class in Variations
- 1 - beginning pointe class

Cost: \$400 with beginning pointe class; \$340 without pointe class.

In addition, the Advanced Focus Program students should consider a 1 hour stretch class and both Advanced and Intermediate students should strongly consider our 1 hour character class as supplements to their Summer Focus Program.